SEC Form 4																	
FORM 4			UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549											OMB APPROVAL			
Section 16. Form 4 or Form 5 obligations may continue. See				l pursuar	t to Section 16(a) of tition 30(h) of the Inv	of the Se	ecuriti	es Exchange	_	HIP	Estim	OMB Number: 3235-028 Estimated average burden hours per response: 0.					
1. Name and Address of Reporting Person* Cunnion Michael A.						er Name and Ticke R EQUITY H] (Che	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner								
(Last)					3. Date 11/13/	of Earliest Transac 2023	Day/Year)		Officer (give title Other (spe below) below)								
C/O STAR EQUITY HOLDINGS, INC. 53 FOREST AVENUE SUITE 101				4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person						
(Street) OLD CT 06870													Form filed by More than One Reporting Person				
GREENWICH CI 00070					Rule	Rule 10b5-1(c) Transaction Indication											
(City)	(St	ate)	Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.														
		Tab	le I - Nor	n-Deriva	ative S	ecurities Acqu	uired,	Disp	oosed of,	or Ben	eficiall	y Owne	d				
Date			2. Transa Date (Month/D		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed Of 5)				6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
							Code V		Amount	(A) or (D)	Price	Transac	Transaction(s) (Instr. 3 and 4)				
Common Stock												10	4,320	D			
		1				curities Acqui lls, warrants, e						Owned					
1 Title of 2		3 Transaction	3A Deeme	d 4		5 Number 6	Date Ex	ercisa	ble and 7	Title and		8 Price of	9 Numbe	rof 10		11 Natur	

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
Restricted Stock Unit	(1)(2)	11/13/2023		A		5,576		(3)	(3)	Common Stock	5,576	(1)	5,576	D		

Explanation of Responses:

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1. Each Restricted Stock Unit represents the right to receive, at settlement, one share of common stock.

2. Award of Restricted Stock Units made in accordance with the Company's 2018 Incentive Plan, as amended. The number of Restricted Stock Units granted was determined using the closing sales price per share on November 10, 2023 of \$0.87.

3. One hundred percent (100%) of the Restricted Stock Units are scheduled to vest on the one (1) year anniversary of November 13, 2023, subject to the Reporting Person continuing to be a service provider through such date.

/s/ Hannah Bible, as Attorneyin-fact <u>11/15/2023</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.