FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

wasinington,	D.C. 20040	

OMB API	PROVAL
OMB Number:	3235-0287
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Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP hours per response: 0.5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Last)	A JOHN (Fi	rst) ((Middle)		2. Issuer Name and Ticker or Trading Symbol STAR EQUITY HOLDINGS, INC. [STRR] 3. Date of Earliest Transaction (Month/Day/Year) 08/16/2023] (Ch	relationship of eck all applications of the control	cable) or (give title	g Pers	10% Ov Other (s below)	vner			
C/O STAR EQUITY HOLDINGS, INC. 53 FOREST AVENUE, SUITE 101 (Street)				4. If Amendment, Date of Original Filed (Month/Day/Year)								Line	dividual or Joint/Group Filing (Check Applicable) C Form filed by One Reporting Person Form filed by More than One Reporting Person				n		
53 FORE AVENUI SUITE 1	E, C7		06870		Ru	Chec	k this box	to indi	cate that a	transa	on Ind	nade pur	suant		ract, instruction		ı plan tl	hat is intende	d to
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3)				Date (Month/Day/Year) if		2A. Deemed Execution Date, if any (Month/Day/Year		e, Transaction Dis Code (Instr. 5)		Dispose	Securities Acquired (A posed Of (D) (Instr. 3,			Securitie Benefici	neficially ned Following		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code	v	Amount	(A (D	or	Price	Transact (Instr. 3	tion(s) and 4)				
Common Stock													144,322 D						
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security (Instr. 3) 3. Transaction Date (Month/Day/Year) if any (Month/Day/Year)			ate, T	4. Transaction Code (Instr.		ı of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	lly	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)		Date Exercisab		xpiration ate	Title	O N O	umber					
Restricted Stock Unit	(1)	08/16/2023			A		5,240		(2)		(2)	Commo Stock	n 5	5,240	(1)	5,240		D	

Explanation of Responses:

- 1. Each Restricted Stock Unit represents the right to receive, at settlement, one share of common stock.
- 2. One hundred percent (100%) of the Restricted Stock Units are scheduled to vest on the one (1) year anniversary of August 16, 2023, subject to the Reporting Person continuing to be a service provider through such date.

/s/ Hannah Bible, as Attorneyin-fact ** Signature of Reporting Person

08/17/2023

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.