UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, DC 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): January 19, 2023

Star Equity Holdings, Inc. (Exact name of registrant as specified in its charter)

Delaware (State or other jurisdiction of incorporation) 001-35947

(Commission File Number)

33-0145723 (IRS Employer Identification No.)

53 Forest Ave., Suite 101, Old Greenwich, CT, 06870

(Address of principal executive offices, including zip code)

203-489-9500

(Registrant's telephone number, including area code)

Not Applicable

(Former name or former address, if changed since last report)

| Check the appropriate box below if the Form 8-K filing is it following provisions: | ntended to simultaneously satisfy th | he filing obligation of the registrant under any of the |
|--|---------------------------------------|---|
| ☐ Written communications pursuant to Rule 425 under the | Securities Act (17 CFR 230.425) | |
| ☐ Soliciting material pursuant to Rule 14a-12 under the Ex | schange Act (17 CFR 240.14a-12) | |
| ☐ Pre-commencement communications pursuant to Rule 1 | 4d-2(b) under the Exchange Act (1 | 7 CFR 240.14d-2(b)) |
| \square Pre-commencement communications pursuant to Rule 1 | 3e-4(c) under the Exchange Act (1 | 7 CFR 240.13e-4(c)) |
| Securities registered pursuant to Section 12(b) of the Act: | | |
| Title of each class | Trading Symbol(s) | Name of each exchange on which registered |
| Common Stock, par value \$0.0001 per share | STRR | NASDAQ Global Market |
| Series A Cumulative Perpetual Preferred Stock, par value \$0.0001 per share | STRRP | NASDAQ Global market |
| Indicate by check mark whether the registrant is an emerging chapter) or Rule 12b-2 of the Securities Exchange Act of 19 | | Rule 405 of the Securities Act of 1933 (§230.405 of this |
| Emerging growth company \Box | | |
| If an emerging growth company indicate by check mark if | the registrant has elected not to use | the extended transition period for complying with any new |

or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. \square

Item 3.01 Notice of Delisting or Failure to Satisfy a Continued Listing Rule or Standards; Transfer of Listing.

On January 19, 2023, Star Equity Holdings, Inc. (the "Company") received a letter (the "Letter") from the Listing Qualifications Department of the Nasdaq Stock Market ("Nasdaq") notifying the Company that, for a period of 30 consecutive business days, the closing bid price of its common stock closed below the minimum closing bid price of \$1.00 per share required for continued listing on The Nasdaq Global Market pursuant to Nasdaq Listing Rule 5450(a)(1).

In accordance with Nasdaq Listing Rule 5810(c)(3)(A), and as indicated in the Letter, the Company has 180 calendar days, or until July 18, 2023, to regain compliance with the minimum closing bid price requirement. The Letter further provided that if at any time during this 180-day period, the closing bid price of the Company's common stock is at least \$1.00 for a minimum of 10 consecutive business days, the Company will have regained compliance, and Nasdaq will provide the Company written confirmation of compliance with the minimum closing bid price requirement and close the matter.

If the Company does not regain compliance by July 18, 2023, the Company may transfer from The Nasdaq Global Market to The Nasdaq Capital Market and may be eligible for an additional compliance period of 180 days. To qualify for the additional compliance period, the Company will have to: (i) submit a Transfer Application and related application fees; (ii) meet the continued listing requirement for market value of publicly held shares and all other initial listing standards of The Nasdaq Capital Market (except for the closing bid price requirement); and (iii) provide written notice to Nasdaq of its intention to cure the deficiency during the additional 180-day compliance period by effecting a reverse stock split if necessary. If the Company does not qualify for an additional compliance period, or should the Company determine not to submit a transfer application or make the required representation, or if Nasdaq concludes that the Company will not be able to cure the deficiency, Nasdaq will provide written notice to the Company that its common stock will be subject to delisting. Nasdaq rules permit the Company to appeal any delisting determination by Nasdaq to a Hearings Panel.

The Company will continue to actively monitor the closing bid price of its common stock and will evaluate available options, including, without limitation, seeking to effect a reverse stock split, in order to resolve the deficiency and regain compliance with the minimum closing bid price rule. The Company's common stock will continue to be listed and traded on The Nasdaq Global Market during the 180-day compliance period, subject to the Company's compliance with the other continued listing requirements of The Nasdaq Global Market.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits

Exhibit Number Description

104 Cover Page Interactive Data (embedded within the Inline XBRL document).

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

STAR EQUITY HOLDINGS, INC.

By: /s/ Richard K. Coleman, Jr.

Richard K. Coleman, Jr. Chief Executive Officer

Date: January 20, 2023