SEC Form 4	
------------	--

## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

	OMB Number:	3235-0287
	Estimated average burg	len
l	hours per response:	0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934
or Section 30(h) of the Investment Company Act of 1940

	ss of Reporting Pers	2. Issuer Name and Ticker or Trading Symbol STAR EQUITY HOLDINGS, INC. [STRR							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
Coleman Richard Kenneth Jr.					<u>KEQUITT</u>			<u>10, 1110.</u> [	X	Director	10% C				
(Last) C/O STAR EQU	(First) JITY HOLDING	3. Date of Earliest Transaction (Month/Day/Year) 07/27/2023							X Officer (give title Other (spec below) below) Chief Executive Officer						
53 FOREST AVENUE SUITE 101											6. Individual or Joint/Group Filing (Check Applicable Line)				
(Street) OLD GREENWICH	СТ								Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(State)	(Zip)		 	e 10b5-1(c) -	te that a t	ransad	ction was made	to a contract, instruction or written plan that is intended to Instruction 10.						
	т	able I - No	n-Deriva	tive S	ecurities Acqu	uired, I	Disp	osed of, o	r Bene	eficially	Owned				
1. Title of Security (Instr. 3) Date (Month/D					2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 5)				5. Amount of Securities Beneficially Owned Following (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
				Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(11507.4)				

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)												
Turnersting			E Marshan									

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (Ir 8)		5. Numb of Derivati Securiti Acquire (A) or Dispose of (D) (Instr. 3, and 5)	ve es d	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Unit	(1)(2)	07/27/2023		М		75,773		(3)	(3)	Common Stock	75,773	(1)	75,773	D	

Explanation of Responses:

Common Stock

1. Each Restricted Stock Unit represents the right to receive, at settlement, one share of common stock.

2. Award of Restricted Stock Units made in accordance with the Company's 2018 Incentive Plan, as amended. The number of Restricted Stock Units granted was determined using the closing sales price per share on July 26, 2023 of \$0.98.

3. The Restricted Stock Units are scheduled to vest as follows: one-third upon the first anniversary of July 27, 2023 (the "Grant Date"), one-third upon the second anniversary of the Grant Date, and one-third upon the third anniversary of the Grant Date.

> 07/28/2023 /s/ Richard K. Coleman, Jr. \*\* Signature of Reporting Person

Date

101,474

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).