FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549	

STATEMENT	OF CHANGE	S IN BENE	FICIAL O	NNERSHIP

OMB APPROVAL								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Last) C/O STA	ein Jeffrey (Fin AR EQUITY		Middle)		2. Issuer Name and Tick STAR EQUITY] 3. Date of Earliest Trans 11/18/2022				HOLDINGS, INC. [STRR						k all app Direc Office below	tor er (give title	X	10% Ov Other (s below)	wner
(Street) OLD GREEN		ate) (Z	26870 Zip)			4. If Amendment, Date of Original Filed (Month/Day/Year)							Line) X	Form filed by One Reporting Person Form filed by More than One Reporting Person					
1. Title of	Security (Ins		I - No	2. Transac		2A. E	eemed	i	3.		posed of,	s Acqui	red (A) or	5. Amo	unt of			7. Nature
		·		Date (Month/Day/Year)		Execution Date,		Transaction Code (Instr. 8)		Disposed O 5)	f (D) (Ir	ıstr. 3,	, 4 and Securi Benefi		cially Following	Form: Direct (D) or Indirect (I) (Instr. 4)		of Indirect Beneficial Ownership	
										v	Amount	(A) c	r Pi	rice	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)
Common	Stock			11/18/2	2022				P ⁽¹⁾		10,000	A	\$	0.85(2)	2,7	97,777		D	
Common	Stock			11/21/2	2022	22		P ⁽¹⁾		10,000	A	\$	\$0.86(3)		2,807,777		D		
Common	Stock			11/22/2	2022	22		P ⁽¹⁾		10,000	A	\$	0.91(4)	2,817,777			D		
10% Series A Cumulative Perpetual Preferred Stock 11/18/2		.022			S ⁽⁵⁾		246	D		\$9.89	1,233,349			D					
10% Seri Preferred		lative Perpetual		11/21/2	2022				S ⁽⁵⁾		9,469	D	\$	9.89 ⁽⁶⁾	1,2	23,880		D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	ercise of attive rity (Month/Day/Year) if any (Month/Day/Year) if any (Month/Day/Year) (Month/Day/Year) Code (Instr. 8) Securitie Acquired (A) or Disposer of (D) (Instr. 3, and 5)		ative rities ired osed	6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Exercisable Date			7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4) Amoun or Numbe of Title Shares		De Se (In:	Price of rivative curity str. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)				

Explanation of Responses:

- $1. \ The purchases of the shares reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan entered into by Mr. Eberwein. \\$
- 2. The price reported in Column 4 is a weighted average price, rounded to the nearest cent. These shares were purchased in multiple transactions at prices ranging from \$0.81 to \$0.86, rounded to the nearest cent, inclusive. Mr. Eberwein undertakes to provide the Issuer and any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares purchased at each separate price such shares were purchased.
- 3. The price reported in Column 4 is a weighted average price, rounded to the nearest cent. These shares were purchased in multiple transactions at prices ranging from \$0.85 to \$0.87, rounded to the nearest cent, inclusive. Mr. Eberwein undertakes to provide the Issuer and any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares purchased at each separate price such shares were purchased.
- 4. The price reported in Column 4 is a weighted average price, rounded to the nearest cent. These shares were purchased in multiple transactions at prices ranging from \$0.85 to \$0.94, rounded to the nearest cent, inclusive. Mr. Eberwein undertakes to provide the Issuer and any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares purchased at each separate price such shares were purchased.
- 5. The sales of the shares reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan entered into by Mr. Eberwein.
- 6. The price reported in Column 4 is a weighted average price, rounded to the nearest cent. These shares were sold in multiple transactions at prices ranging from \$9.89 to \$9.90, rounded to the nearest cent, inclusive. Mr. Eberwein undertakes to provide the Issuer and any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price such shares were sold.

<u>/s/ Jeffrey E. Eberwein</u> 11/22/2022

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.