FORM 4

Check this box if no longer subject

to Section 16. Form 4 or Form 5 obligations may continue. See

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Instruc	etion 1(b).			Filed							es Exchang npany Act o		f 1934			Lilouis	perie	.эропэс.	0.5
1. Name and Address of Reporting Person* <u>Eberwein Jeffrey E.</u>						2. Issuer Name <b>and</b> Ticker or Trading Symbol STAR EQUITY HOLDINGS, INC. [ STRR ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director X 10% Owner					
(Last)	(Last) (First) (Middle)												X	Office	er (give title v)		Other (: below)	specify	
C/O STAR EQUITY HOLDINGS, INC. 53 FOREST AVENUE, SUITE 101						3. Date of Earliest Transaction (Month/Day/Year) 03/13/2023										Executive	Cha	airman	
(Street) OLD GREENWICH CT 06870					4. If <i>F</i>	Amend	ment,	Date of	f Origina	al Filed	d (Month/Da	y/Year)		6. Indir Line) X	Form	Joint/Group filed by One filed by Mo	e Rep	orting Pers	on
(City)	(St	ate) (ž	Zip)																
		Table	I - No	n-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or B	enef	icially	Own	ed			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)					Exec if an	Deemed cution Date, ly nth/Day/Year)				Disposed C	es Acquired (A Of (D) (Instr. 3,		4 and Securit		ties cially Following	Forn (D) c	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) (D)	or Pr	ice	Transa	eu ction(s) 3 and 4)			(111501.4)
Common Stock															2,9	83,685		D	
10% Series A Cumulative Perpetual Preferred Stock 03/13/2					2023				S <sup>(1)</sup>		250	D	\$	47.89	1,2	22,458		D	
		Tal									osed of, convertib				Owned	t			
1. Title of Derivative Security (Instr. 3)	or Exercise (Month/Day/Year) if any		emed 4. On Date, Transaction Code (Instr. 8)		Instr.	5. Nu of Deriv Secu Acqu (A) or Dispo of (D) (Instr and 5	rities iired r osed ) : 3, 4	6. Date Expirati (Month/	on Da		r) Amount of Securities Underlying Derivative Security (Ins 3 and 4) Amou or Numb of		Der Sec (Ins	Price of erivative security security securities Beneficiall Owned Following Reported Transactio (Instr. 4)		y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

## **Explanation of Responses:**

1. The sale of the shares reported on this Form 4 was effected pursuant to a Rule 10b5-1 trading plan entered into by Mr. Eberwein.

/s/ Jeffrey E. Eberwein

03/15/2023

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.